



# Parental Sports Day Checklist



## Parent Checklist for Sports day

- Plenty of water
- Sun cream
- A cap or hat for sun protection
- Any medication they may require on the day



## **Before we enjoy our sports day event, we have a few reminders to ensure safety is key throughout the day**



- Is all your child's medication (including inhalers) within the expiry dates?
- Have you signed permission for an emergency inhaler to be used if necessary?
- Is the school aware of any allergies (including to certain types of plasters)?

## Lastly, some information for the day itself!

Venue: .....

Date: .....

Times from and to: .....

Parent attendance: yes / no